

The Turning Point

Will Alignment II Fast & Devotional

Forcing My Will to the Will of God

May 17-23, 2026

The Turning Point: Will Alignment II Fast & Devotional

May 17 - 23, 2026

Corporate Prayer Schedule: Sunday at 6 PM, Monday - Friday Prayer at 6 AM, and we will break the fast on Saturday with reflections, Communion, and prayer at 8:00 AM

DIAL IN ONLY 508-924-2034

Instructions for the Will Alignment II Fast & Devotional

This is not just a fast.
This is alignment.

Just like a car that is out of alignment must be forced back into position, this fast is about forcing your will to align with God's will. This will require intentionality, urgency, and a spiritually aggressive pursuit of God. You are choosing to reject complacency, passivity, and delay. You are pursuing God with everything within you.

Hunger is no longer just a signal—it is a summons. When hunger, cravings, or distractions arise, you will not respond automatically. You will pause, drink water, and pray with intention. You will refuse to feed what you are trying to break.

When the urge arises to scroll, watch, distract, or escape, you will stop, acknowledge what is happening, and redirect your focus toward God. This is not about suppression—it is about realignment. You are retraining your responses and reclaiming your discipline.

Each day of this devotional is designed to confront, reveal, and realign. You are expected to fully engage the process by writing out the scripture, sitting with the devotional, responding honestly, and praying intentionally. This is not something to rush through. This is not information—it is transformation.

Journaling is a required part of this fast. Each day, you will reflect on what God is revealing, what you resisted, what must change, and what instruction you received. You must write honestly. Patterns will begin to surface, and those patterns will expose what must be broken.

You should expect correction, not just comfort. This fast is not emotional—it is directional. God will confront, correct, expose, and redirect. Pay attention to repeated thoughts, conviction without condemnation, discomfort that reveals truth, and resistance that exposes misalignment. Do not run from what God is revealing. Lean into it.

Daily corporate prayer at 6:00 AM is essential. Prayer is not optional—it is the anchor of alignment. Each morning is an opportunity to surrender your will again, invite correction, receive clarity, and recommit to obedience. This is where alignment is reinforced.

By the end of this fast, you are expected to move into action. You will develop and implement a 90-day alignment plan that reflects what God has revealed. You should walk away with clear direction, defined changes, and immediate steps of obedience. Your plan should address your spiritual discipline, personal obedience, relationships, assignments, habits, and God-aligned goals.

This is not about doing more.
This is about living aligned.

Medical Disclaimer

If you have any existing medical conditions—including, but not limited to, diabetes, hypoglycemia, pregnancy, eating disorders, or any condition requiring regular medication or food intake—**please consult a licensed healthcare provider before beginning this fast.**

If at any point during the fast you experience dizziness, weakness, fainting, or any concerning physical symptoms, you should stop, adjust, or modify the fast as needed. Choosing to care for your body is not a failure—it is wisdom.

Water should be consumed consistently throughout the fast to maintain proper hydration.

This fast may be modified to accommodate individual health needs while maintaining its spiritual focus and integrity. Participation is voluntary, and each individual assumes full responsibility for their personal health decisions.

Will Alignment II Fast Do's & Don'ts

DO

- Follow the daily fasting guidelines, adjusting as needed for your health while maintaining the integrity of the fast
- Stay hydrated—drink water consistently throughout the fast
- Pray when hunger or cravings arise—let it drive you toward God, not relief
- Replace normal consumption (food, media, sex, distractions) with prayer, Scripture, and stillness
- Complete the daily devotional fully—engage the writing, reflection, and prayer
- Journal honestly—capture what God is revealing without filtering it
- Pay attention to patterns—your thoughts and reactions will expose misalignment
- Listen for God's direction and conviction—He is speaking during this process
- Respond immediately—do not delay what God is instructing you to do
- Participate in daily prayer, especially the 6 AM corporate gathering
- Guard your environment—limit anything that disrupts focus or weakens discipline
- Expect pressure—alignment is working even when it feels uncomfortable

DON'T

- Don't chew gum or use substitutes to satisfy cravings instead of building discipline
- Don't consume any drinks with added sugar
- Don't treat this fast as a diet, challenge, or competition
- Don't engage in social media, television, sex, or unnecessary digital distractions
- Don't replace one distraction with another
- Don't rush through the devotional or skip journaling
- Don't ignore conviction or justify what God is correcting
- Don't feed habits, thoughts, or behaviors you are trying to break
- Don't move through your day on autopilot—stay intentional
- Don't withdraw from accountability—stay connected in prayer
- Don't run from discomfort—lean into what it is revealing
- Don't condemn yourself if adjustments are needed—move with wisdom
- Don't complete this fast without a 90-day alignment strategy

FINAL ALIGNMENT REMINDER

- Do not resist what God is exposing
- Do not avoid the pressure of alignment
- Do not delay your response

Alignment is not automatic—it is intentional.
And this fast will only work to the level that you engage it.

Fasting Guidelines – Will Alignment II

Participants should adjust as needed based on health, age, medication, and spiritual maturity, while maintaining the integrity and intention of the fast.

Corporate Prayer Schedule (Dial in Only 508-924-2034)

- **Sunday (Day 1): 6:00 PM (Fast Begins)**
- **Monday – Friday: 6:00 AM Daily**
- **Saturday (Day 7): 8:00 AM (Communion & Fast Break)**

Corporate prayer is not optional—it is the anchor point of alignment. Each gathering is a moment to reset, surrender, and come into agreement with God’s will.

Hydration Guidelines

Water is to be consumed consistently throughout the fast.

Only the following are permitted:

- Water
- Water with lemon

No sugar, sweeteners, or drinks with added sugar are allowed. Hydration supports the body, but discipline governs the fast.

Consecration Standard

During this fast, you are removing all unnecessary inputs and physical distractions.

There will be:

- No social media
- No television
- No digital entertainment
- No sexual activity

This is a period of intentional consecration. You are not just abstaining—you are creating space for alignment. What you remove naturally makes room for what God is restoring and realigning.

Day 1 (Sunday, May 17): Initiation & Alignment

Time: Begins at 6:00 PM (Corporate Prayer)

Food: No food after 6:00 PM

Drinks: Water or water with lemon

Focus: Intentional surrender and initiating alignment. Recognizing resistance and making a decisive shift toward God.

Day 2 (Monday): No Pollution

Food: Fruits and vegetables only until 4:00 PM

Drinks: Water or water with lemon

Focus: Removing distractions, toxicity, and anything that contaminates your focus. Presenting your life as set apart.

Day 3 (Tuesday): Closing Access Points

Food: Fruits and vegetables only until 2:00 PM

Drinks: Water or water with lemon

Focus: Cutting off access to compromise. Aligning actions, thoughts, and motives.

Day 4 (Wednesday): Purging Opinions

Food: Fruits and vegetables only until 12:00 PM

Drinks: Water or water with lemon

Focus: Silencing competing voices and aligning fully with God's voice. Obedience without negotiation.

Day 5 (Thursday): I Belong to God

Food: Fruit only until 12:00 PM

Drinks: Water or water with lemon

Focus: Living from identity and dependence on God. Following His lead in every decision.

Day 6 (Friday): His Dwelling Place

Food: Water and broth only

Drinks: Water, water with lemon, or clear broth

Focus: Total dependence. Releasing performance and allowing God's presence to rest on you.

Day 7 (Saturday): Holy & Acceptable

Time: 8:00 AM (Corporate Prayer & Communion)

Food: Water only until communion

Drinks: Water or water with lemon

Focus: Walking in victory, alignment, and obedience. Embracing a life governed by God.

FAST COMPLETION — COMMUNION

We will break the fast together through communion, prayer, and declaration.

This moment marks a turning point.

We are not returning to old patterns—we are stepping into alignment.

We declare:

- Our will is aligned with God's will
- We obey without delay
- We walk in clarity, discipline, and purpose

This is not the end of a fast.

This is the beginning of a **governed life**.

WILL ALIGNMENT II
Forcing My Will to the Will of God
DAILY DEVOTIONAL & JOURNAL

DAY 1 — FORCED ALIGNMENT

Corporate Opening Prayer 6:00 PM – Attended YES NO

Scripture: Matthew 11:12

The Kingdom of God does not respond to passivity. It responds to pursuit.

Alignment is not something that happens casually—it is enforced. Just like a car that is out of alignment must be forced back into position, your flesh must be brought into submission to the will of God. This is not comfortable, and it is not optional. Misalignment will always cost you more than correction.

This is the day you stop negotiating with what God has already said. You are not waiting to feel ready—you are choosing to align now. Complacency is no longer an option. Passivity is no longer permitted.

You are pursuing God with urgency, intention, and everything within you.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

DAY 2 — NO POLLUTION

Corporate Prayer 6:00 AM – Attended YES NO

Scriptures: Romans 12:1; 1 Thessalonians 4:4

Alignment requires purity. You cannot align while carrying contamination.

There is no room for shame, doubt, fear, guilt, self-deception, or toxicity. These are not small issues—they are pollutants that distort your thinking, weaken your discipline, and delay your obedience.

You are not managing these things—you are removing them. You are presenting your body, your mind, and your life as set apart. This is a decision to stop tolerating what God is calling you to release.

Purity is not perfection. It is intentional separation from anything that interferes with your alignment.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

DAY 3 — CLOSING ACCESS POINTS

Corporate Prayer 6:00 AM – Attended YES NO

Scripture: Psalm 24:3–4

Access determines influence. What you allow will shape you.

Clean hands, a pure heart, and aligned thoughts are not suggestions—they are requirements for entering and remaining in God’s presence. You cannot keep doors open to what God is calling you out of.

This is the day you stop managing access and start closing it. Not everything needs to be reduced—some things must be removed completely.

Your actions, your motives, and your thoughts must come into agreement. Alignment is not external only—it is internal and intentional.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

DAY 4 — PURGING OPINIONS

Corporate Prayer 6:00 AM – Attended YES NO

Scripture: 1 Thessalonians 5:23

Alignment requires a singular voice.

You cannot fully follow God while filtering His instructions through the opinions of others. Every competing voice introduces confusion, hesitation, and delay.

This is the day you stop seeking confirmation from people for what God has already spoken. You are being called into total obedience—without negotiation, without adjustment, and without delay.

As you draw closer to God, His voice becomes clearer. Your responsibility is not to question it—it is to obey it.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

DAY 5 — I BELONG TO GOD

Corporate Prayer 6:00 AM – Attended YES NO

Scripture: John 5:19

Alignment is not independence—it is dependence.

Jesus modeled a life that was completely governed by the Father. He did nothing on His own, and because of that, everything He did carried authority.

You are not called to operate independently of God. You are called to follow His lead in every area of your life. Alignment means your decisions, your actions, and your direction are no longer self-driven—they are God-directed.

When you belong to God, His presence is not hidden—it is evident.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

DAY 6 — HIS DWELLING PLACE

Corporate Prayer 6:00 AM – Attended YES NO

Scripture: Exodus 34:29

Alignment produces presence. Presence removes performance.

When Moses came down from the mountain, he was not trying to appear transformed—he was transformed. The presence of God rested on him without effort.

You are not called to perform for God or for people. You are called to dwell. As you align, His presence becomes your evidence. You no longer need validation, approval, or recognition.

You are not striving to carry His presence—you are becoming His dwelling place.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

DAY 7 — HOLY & ACCEPTABLE

Corporate Closing Prayer 8:00 AM – Attended YES NO

Scripture: Colossians 2:15

Alignment produces victory.

Because of Christ, shame no longer has authority over you. Distractions no longer have power to control you. What once held you no longer defines you.

You are not trying to become acceptable—you are responding because you are already His. Victory has already been secured. Your responsibility is to walk in it.

This is not the end of a fast. This is the beginning of a governed life.

You trust God.
You follow Him fully.
You serve Him without compromise.

Order my steps, Lord.

Write the Scripture:

What I Hear God Saying:

My Response:

My Prayer:

90-Day Alignment Plan
From Consecration to Consistency

90-Day Alignment Plan

From Consecration to Consistency

Alignment without action fades.
Alignment with obedience produces transformation.

This plan is not about doing more.
It is about living aligned—daily, consistently, and intentionally.

1. What God Revealed During This Fast

What did God confront, confirm, or correct?

2. Turning Points Identified

What moments, decisions, or realizations marked a shift for you?

3. Areas of Misalignment

Where was your life out of alignment?
(Think: habits, thoughts, relationships, discipline, obedience)

4. Required Shifts

What must change immediately to stay aligned?
(Be specific—mindset, behavior, priorities, boundaries)

5. 90-Day Alignment Commitments

List 3–5 non-negotiable actions you will maintain daily or weekly:

1. _____
2. _____
3. _____
4. _____
5. _____

6. Daily Alignment Practices

Create a weekly schedule to remain aligned – include Prayer, Scripture Reading/Study, Listening, Journaling, fasting.

Sunday _____

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

Saturday _____

7. Boundaries to Protect Alignment

What must you limit or remove to stay aligned?

8. Relationships & Environment

Who or what supports your alignment—and what does not?

Support System:

Adjustments Needed:

9. Immediate Obedience Actions (Next 7 Days)

What must you act on right away?

10. Monthly Checkpoints

30 Days — Am I Consistent?

What have I maintained? What needs correction?

60 Days — Am I Strengthening?

Where am I growing? Where am I slipping?

90 Days — Am I Aligned?

What has changed? What is now established?

Declaration of Alignment

I will not return to what God has delivered me from.

I will not ignore what God has revealed to me.

I will not delay what God has instructed me to do.

I commit to walking in alignment—daily, consistently, and without compromise.

My will is submitted.

My life is aligned.

My next season is activated.

Signature: _____ **Date:** _____